

FLEXIBLE CYSTOSCOPY

What is a Flexible Cystoscopy?

A Flexible Cystoscopy is used to provide information about your bladder and urethra (tube for passing urine).

How is it performed?

A Flexible Cystoscopy is a small telescope that is passed into the bladder through the urethra after a local anaesthetic jelly has been placed. You may be awake or sedated during the procedure.

We usually perform the Flexible Cystoscopy with sedation, which means you will need to fast and after the procedure, be collected from hospital. If you cannot be collected and want to drive home, the procedure can be performed under local (awake), and this can be done without a problem!

The Doctor will ask you to relax and perhaps to try to urinate as the scope is passed into the bladder. This is to enable the scope to enter the bladder through the external sphincter muscle (the muscle that keeps you continent). The urethra and bladder are then inspected.

Flexible Cystoscopy is performed as a Hospital day case and the whole test takes only a few minutes. In many cases, results can often be discussed straightaway.

The Doctor will advise the appropriate follow-up time frame, depending on the findings. The Doctor's rooms will contact the patient accordingly, to organise the appointment.

What are the possible complications?

Complications are uncommon. However, some discomfort is normal and a little blood on urination may also be seen. Infection seldom occurs.

When to seek help?

If you notice persistent stinging on urination and smelly or cloudy urine, you should contact the rooms or see local GP, as medication for an infection may be required.